

# SYNTOGRAM

Volume 21

January-February, 1959

Number 6

College of Syntonic Optometry © 1958

## A PHILOSOPHICAL APPROACH TO SYNTONICS

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As I have been selected to submit some material for the Syntonogram, I hope it will be of some interest to the members and college of syntonics.

I wish to express my sincere gratitude and fond recollections of our founder and under the able leadership of Dr. Spitler. I sure did enjoy the basic as well as the advanced course in Syntonics, her in Seattle some years ago. What a volume of exceptionally fine work to further optometry and help humanity.

Now, for a few words about the working of Syntonics as I use it in my every day practice. As we are all aware of, the highest type of skilled professional attention is needed when there is interference with eye structure or functioning. All of our efforts as vision specialists has contributed immeasurable to maintaining, promoting and enhancing human vision; particularly in a society so dependent upon visual communication.

What is vision?? Through the visual pathway the vibrations of the illuminated object is transmitted and by way of the foveal area or center of mind vision – thence, along the optic nerve to the brain centers, where the light barriers are broken between the physical and metaphysical aspect of material and immaterial aspect of existence.

What is mind?? Apparently the most dominant factor in all nature –intangible and cannot be discerned with physical comprehension to apprehension of the present physical living state of being and the very essence of all creation.

A patient comes to us with a visual difficulty. This visual trouble or difficulty can be manifested in a multitude of various abnormal conditions that will directly effect the transmitting of the objective light vibrations through the light pathways to the brain channels for clear comprehensive mental interpretation, which will effect mind's demand for a clear satisfactory objective picture.

There is no doubt in my mind that all existence that we interpret with all the five senses of human nature and may also be the sixth sense, is made known to us by the vibratory rate each individual particle possesses—be it animate or inanimate objects.

Now then—as syntonics employs in its entirety the various colors of the entire spectrum, we can readily see how syntonics in its proper application as Dr. Spitler points out can be very effective as well as corrective.

I will cite a typical case that we are confronted with very often and where syntonics or we may call chrome orthoptics will very well take care of the preliminary work and later to complete consummation as the case needs further attention. Acuity low; Rotations jerky; pupils large; no hyperphoria; exophoria 3A and up; retinoscope unstable but indicating plus; subjective findings of minus -0.50 to -1.00 D but giving a poor 20/20 or lower V.A. This type case has very poor foveal participation, so we will give an intense macular and foveal stimulation. First is to create an after image. Do not continue other forms of training until when looking at the bright spot or after image has disappeared completely. This after image is of prime importance so the macular area and foveal participation will be brought about.

I find this procedure very good and effective. However, I always stand ready for approval or reprimand and glad to hear from you.

Professionally Yours

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