

Discussion  
on  
SYNTONIC PROCEDURES INDICATED BY CHROMOGRAPHY  
By  
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In his original fellowship paper last year, Dr. Myer advocated the clinical practice of altering the frequencies in or during a syntonic application. His method was to work back and forth on both sides the equilibrator and gave both logical deductions and clinical evidence to prove that his method was sound and effective. I do not know how general the method advocated by Dr. Mayer has been practiced but in discussing his paper last year I said that I felt that he had made a definite and progressive contribution to Syntonic techniques. If you are not familiar with the matter, I suggest you re-read Dr. Mayer's paper in the January and February issues of the Syntonogram before you study the present paper.

Dr. Mayer emphasizes in his present paper, the importance of an understanding of the effects of the endocrines and their relation to the nervous system. He brings out the rapidity with which reactions in the nervous and glandular system take place and I believe intends to infer that it is the attempt of nature to seek a normal or balance which lies back of these quick reactions. Dr. Mayer makes use of nature's tendency in his alternate method, stimulating or depressing the sympathetic or parasympathetic arc in various degrees by working on either side of the equilibrator. As he says, indications are that this method does aid in reaching complacency or the syntonic level more quickly and effectively. A study of the DuBois Reynold law gives the basis for those results and since Dr. Mayer is rather explicit in his paper, I need not comment further except to suggest that every Syntonist take pains to understand his paper thoroughly.

In his case histories Dr. Mayer gives evidence of a grasp of the principles involved and a knowledge of Syntonic technique we might all envy were it not possible for all of us to be likewise well informed and learned. Little can be added to Dr. Mayer's own conclusions. It is doubtful if any of us practice exactly as does Dr. Mayer, therefore each of us must take his thesis and adapt it to our own temperaments and practices. However, due emphasis should be given to the fact that Dr. Mayer had made definite suggestions and that we who practice Syntonics should profit by them.

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