

CHART OF SYNTONIC PHOTOTHERAPY ENDOCRINOLOGY

THYROID	Stimulate	{ $\alpha\delta$ {	Alpha Delta	(male)
	/	{ $\alpha\lambda$	Alpha Lambda	(female)
	Suppress	{ $\mu\nu$ {	Mu Upsilon	(male)
		{ $\nu\omega D$	Upsilon Omega D	(female)
PITUITARY	Stimulate	$\mu\delta - \mu\theta$	Mu Delta or Mu Theta	
	/			
	Suppress	$\mu - \omega D$	Mu or Omega D	
ADRENALS	Stimulate	$\alpha\omega$	Alpha Omega	
	/			
	Suppress	μ	Mu	
PINEAL	Stimulate	$\alpha\omega$	Alpha Omega	
	/			
	Suppress	$\alpha\delta - \alpha\nu$	Alpha-Delta or Alpha Upsilon	
THYMUS	Stimulate	μ	Mu	
	/			
	Suppress	$\alpha\omega - \alpha\nu$	Alpha Omega or Alpha Upsilon	
GONADS	Stimulate	{ $\alpha\delta - \alpha\omega$ {	Alpha Delta or Alpha Omega	(male)
	/	{ $\alpha\nu - \alpha\lambda - \alpha\omega$	Alpha Upsilon, Alpha Lambda, Alpha Omega	(female)
	Suppress	{ $\nu\omega D - \delta\omega$ { or μ	Upsilon Omega D or Delta Omega Mu (to stimulate thymus)	