

ASTHENOPIA WITH ESOPHORIA

CASE HISTORY: Male, T. T. Age 23; Married and doing general service station work. Complains of being conscious of eyes all of time and severe ache following reading or doing other close eye work. Has been wearing bi-focals for three years. Medium inflammation of conjunctiva at all times. Eyes water excessively in wind or cold. Some headache but mostly eye ache.

DESCRIPTION: Asthenic. Tall and underweight about twenty pounds.

VISUAL CONDITION: Vision with old glasses OS 20/26 OD 20/30 OS 20/30. Shows 2.5 Esc. at distance and 1 Esc. at 16 inches near phoria taken thru reading Rx. Esophoria thru distance Rx. for near 5.

Rx. R. -1.75 +1.00 x 130  
L. -2.37 +1.25 x 160  
Add O.U. +1.50

Refraction shows no indicated change in Rx., except that amplitude is 7D. and should not require help for close.

SYNTONIZATIONS L (4min.) 66 / 66 / p 0 1/1/1  
Three times weekly for eight weeks with the result that all symptoms disappeared and the add for close not required. Phoria at near (16") taken thru the distance Rx. 4 Exo.  
Phoria at distance 1/2 Exo.

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