## **HEADACHES**

CASE HISTORY: Male, age 20

Headaches such as he starts to read. Was Myope of -.50 for 3 years. Would not wear glasses for distance so gave O. N. +.50 for reading purposes, which were

worn part time at college.

Description: Pyknic. Round face, eyes half closed, double chin,

short neck, stocky appearance, some acne, pink and puffy over upper lid just under eyebrows, small

Gonad teeth.

VISUAL CONDITION: Vision Dist. R. 20/50 L. 20/25. Rx. R. -.50 L. -.25

Vision with this Rx. 20/20. Dist. 4 exo Near 6 exo

No lenses prescribed.

SYNTONIZATION:  $N/L \alpha \theta$ . Unable to hold one light during

Syntonization holds one light O. K.

Dist. Phoria 2 exo

Rx. OD -50

OS -25 Vision 20/20

Near Phoria 6 exo

Reading with comfort. No headaches.

Gave 12 more Syn. To make this condition permanent.

N/L  $\alpha \theta$  alternated with N/L  $\alpha \omega$ .

Still requires same Rx. To get 20/20.

Pink lids gone, Acne less, looks and feels better.

Will return for more Syn. If headaches return.

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