Vol 9, No. 7 1942 Issue October Bulletin

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I found that where I multiplied to two periods a day, time was cut in half." "All of these cases were desirous of getting into the Air Corps of the Navy or the Marine Unit and were rejected but accepted after having had from twenty to thirty training periods." "In explanation of the Stilling color chart, the most difficult charts for these young men to see a number were in five, six, seven, ten and fourteen. In all of these cases the red-green deficiency diminished to the point that out of seven to ten misses, the recovery was to three or three and one-half missing numbers."

"It is my opinion that the possibility remains that complete recovery would eventually be had if the Syntonics could be continued or resumed at a later date. If enough Syntonists will follow some of these procedures and be honest in sending in data without exaggeration, optometry might prove itself worthier than it is at present to continue its place in the remedial health arts."

There we have one Syntonist accomplishing something worthwhile. Come o fellows, let's keep up the work. Lepper and Lyon are meeting with success. Let's hear about your results, not only the success but the failures as well.

So-----Long

Columbia, S.C.

T.A. Elmgren, O.D. Pres. College of Syntonic Optometry

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Questions keep coming in about Color Blindness and what can we do about it, but not only questions but favorable reports regarding results attained by apply the "Syntonic Principle." Here are a few quotations from a letter just received from Dr. Lyon, Albert Lea, Minn. "For sometime I was of the opinion that Syntonics should be utilized under suitable control to restore, if possible, the appreciation of the re-green color of the applicants." "I did nothing about it until in April when one man presented himself from fifty-two miles away and wanted to know if I could do anything to help him to get in the Air Corps. He had been feeding himself carrot juice all winter without avail. I told him that I would try, gave him no hope and told him he'd have to apply himself with me in the work I would undertake. Therefore, the following case and three others since then is the result of that start. I am now working on one other young man, trusting to get results." - - - "The procedures was and at present is much the same in all red-green rehabilitation with the columnator lens in place. I would occasionally alternate the red formula by adding to  $\upsilon$  N and sometimes even the Omega  $\omega$ . For the green alternations I would use in place of  $\upsilon$  the  $\delta$  formula with  $\mu$  or just  $\mu$  alone. I have been quite systematic about this and in three cases had the patient in once per day, the fourth case comes in twice a day.