

ASTHENOPIA

CASE HISTORY: Mrs. J. K. Age 74 Widow.  
Complaint: Eyes water easily and itch and  
Burn. Can't read or sew with comfort more than  
Five to ten minutes. Can't sleep without the  
Use of sleeping tablets.

DESCRIPTION: Rather heavy, large build. SF Type.

VISUAL CONDITION: With her glasses vision O.U. 20/20-  
Rx O.U. 2.00 sph 2.50 add Phorias normal.

SYNTONIZATION: Six syntonizations N/L 1/1 Given twice a week.

Results: She reports almost entire relief of the symptoms  
of asthenopia. Says that some nights she can  
sleep splendid. Other times she finds it difficult  
to go sleep but does not use sleeping tablets.

Reported to the Oregon Academy of Syntonic Optometry, Jan 17, 1937

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