

BUILDING A CASE OF RESERVES OF ACCOMMODATION

CASE HISTORY:

Case No. 4428; housewife; age 48.  
Patient came to me on November 7, 1935.

Complaint: Ache behind the eyes when reading or sewing.  
Patient said eyes felt as if they would pop out.  
She was conscious of a blur in the distance for a few moments after visual concentration at near.  
No blur at near. Occasionally she experienced a headache after reading which seemed to originate behind the eyes.

DESCRIPTION:

Pyknic; slightly overweight; well preserved.

EXAMINATION  
FINDINGS

Fundus and external examination negative. N.V. 20/20+  
In each eye. Subjective examination negative. Ductions  
At far normal. Phorias normal. Near-point examination  
revealed +.75 add at 16". Adduction low, amplitude of  
accommodation 3.00 diopters. Minus lens blur out -1.50.

SYNTONIZATIONS:

Nine syntonizations N/L αω

RESULTS:

All symptoms had disappeared. Ductions at near normal.  
Amplitude of accommodation 5.50 diopters. Minus lens  
blur out -2.25. Patient was dismissed.  
Report received on May 13, 1936 indicated eyes functioning  
very well without any distress although patient had been  
engaged in normal amount of close work.

Submitted to the Oregon Academy of Syntonic Optometry, May 18, 1936

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