

HEADACHE C-1 TYPE

HISTORY: Case No. 3721; Student: Age 17
Patient came to me on September 11, 1936.

Complaint: Patient had broken lenses about three months previous to the time she came to me, but she complained of the fact that the glasses bothered her for about a year in that her eyes felt uncomfortable without them. The subjective symptom, headache, was experienced practically every day especially since she had been without Rx

DESCRIPTION: Asthenic; short; medium fleshy.

**EXAMINATION;
FINDINGS:** Three months previously patient had been wearing OD -.50x5, OS -.50x180. The objective findings was found to be C-1type, with number 19 OD 4.00, OS 4.00, number 20 +.75, number 21 +1.00.

Visual condition: Acuity NV OD 20/40-, OS 20/30.

SYNTONIZATIONS: The syntonizations $\mu\delta$ with -1.00 added were given consecutively, followed by 6 $\alpha\omega$ syntonizations with base in technique also used in conjunction with latter filter, making a total of eight in all. Treatments were given daily with five days rest between last two.

Results: First syntonization made patient dizzy and gave her a headache which lasted for a short time only. New Rx was given after the second treatment and on the day of the third treatment she also had a slight headache, but after that her headaches disappeared entirely. After the eighth treatment the number 19, 20 and 21 findings were found to be improved.

Prescription: On Sept. 10, 1936 the following Rx was given OD -.75x5, OS -.62x180. This Rx afforded the acuity of OD 20/20+, OS 20/20, OU 20/20+4. Patient was dismissed on Sept 23, 1936 with the satisfaction of more comfortable vision and the happiness that she no longer endured headaches.

Submitted to the Oregon Academy of Syntonic Optometry on October 11, 1936.

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