

## Syntonics Practice Management

Syntonics 101  
Zoom May 2020

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## Patient Management Initial Evaluation

How to explain Field results to patient/parent

How does it relate to other examination findings

How does it relate to their behavior and effect on  
ADL's, sports, school work, etc.

How does it relate to symptoms

How do you explain that you are going to open  
this field by "staring at a light for 20 minutes."

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## Patient Management Treatment

Follow the protocol – Do not look for  
"Quick Fix" or the "Magic Bullet"

It is one of the most effective treatments  
you will use in your office.

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## Patient Management

### Initial Evaluation

### Treatment

Home or Office therapy  
When to give eyeglasses  
When to initiate VT

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## Patient Management

### Treatment Options

### Office Therapy

Traditional – Syntonizer, “The College Unit”

Home unit in Office

Advantages/Disadvantages

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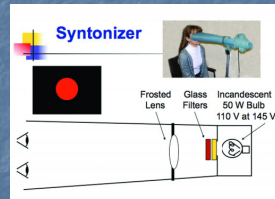
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## Patient Management

### Treatment

#### The design of the Syntonizer

- Light Source – low wattage
- Filters in specific order and position
- Frosted clear lens/Collimating lens
- Aperture
- Done in dark – dark surround with central colored target.
- Target located approximately at “Harmon Distance” from the eyes.



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Patient Management  
Treatment Options  
Office Therapy

Traditional  
Syntonizer  
"The College  
Unit"



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Patient Management  
Treatment Options  
Office Therapy

Traditional  
Syntonizer  
"The College  
Unit"



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Patient Management  
Treatment

Importance of placement of filters and lenses.

Does it make a difference?

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## Office Forms

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Patient Management  
Treatment Option  
Home Therapy  
Home Therapy Units

The Levine Unit  
Hummingbird Unit  
The "Fox" Unit  
The "Simon Grbevski" Unit  
The Optomatters Home Unit

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Patient Management  
Treatment Option  
Home Therapy

The Levine Unit  
Glass Filters



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Patient Management  
Treatment Option  
Home Therapy

Hummingbird Unit  
Glass Filters



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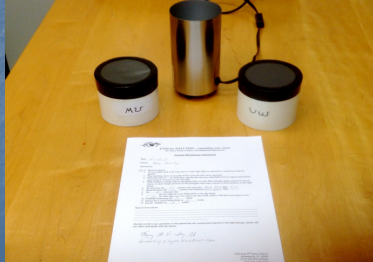
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# Patient Management Treatment Option Home Therapy

The "Fox" Unit



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# Patient Management Treatment Option Home Therapy

The "Fox" Unit  
15 Watt bulb  
Roscolux Filter  
Gels



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# Patient Management Treatment Option Home Therapy

The "Fox" Unit

Roscolux Filter  
Gels

| ROSCOLUX FILTER STOCK NUMBERS<br>FOR SYNTONIC UNITS                |                   |
|--|-------------------|
| 1. Alpha #27   | Medium Red        |
| 2. Omega #59   | Indigo            |
| 3. Mu #90  | Dark Yellow Green |
| 4. Delta #15   | Deep Straw        |
| 5. Ipsilon #74   | Night Blue        |
| 6. Pi #69  | Softest Blue      |
| 7. Lambda #80  | Primary Blue      |
| 8. Theta #12   | Straw             |
| 9. Xi #990   | Lavender          |
| 10. D #564   | Blue Bell         |
| 11. S #912   | Canary            |
| 12. #100 Frost   | Diffuser          |
| Reveries: <a href="http://www.janistage.com">www.janistage.com</a> |                   |
| (800) 637-6243 - phone   |                   |
| (317) 635-9433 - fax   |                   |

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## Patient Management Treatment Option Home Therapy

The Simon  
Grbevski Unit  
The "Spectrum"

Class Lenses



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## Patient Management Treatment Option Home Therapy

Optomatters Home Unit    The "Color Boy"



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## Patient Management Treatment Option Home Therapy

The use of "Goggles"

- Is not same as Syntonic Therapy
- Are Filters based on Syntonic filter combinations.
- Should not be cleaned with cleaners.
- Originally used with a Home unit
- Using them is not Syntonics as filters are not in correct position.



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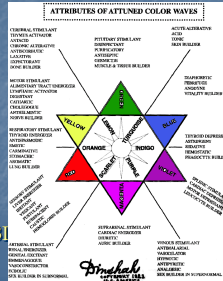
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- Fields open significantly slower
- They are a type of Color therapy
  - Tintin
  - Spectra Chrome
  - Comra Delta Laser
  - Color Acupuncture
  - Colored crystals, etc
- Can be very effective especially TBI



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- Should be used Daily if possible
- Field to monitor Tx – 7-10 days/21 Days
- Then follow every 2-3 weeks
- Financial Options – Global fee/Insurance
- Rental
- Administrative Forms

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| Field Testing       |       | Tested by |     | KL                | JP   | Reliability                    |         |         |               |         |                                  |         |   |             |  |                          |  |  |
|---------------------|-------|-----------|-----|-------------------|------|--------------------------------|---------|---------|---------------|---------|----------------------------------|---------|---|-------------|--|--------------------------|--|--|
|                     |       |           |     |                   |      | 1                              | 2       | 3       | 4             |         |                                  |         |   |             |  |                          |  |  |
| <b>Vacc</b>         | OD    | OS        | 20  | Pupils            | Size | Sz                             | PLR     | α/2     | APD           | Near    | NPC                              |         |   |             |  |                          |  |  |
|                     | OS    | 20        | %   | mm                | /    | mm                             | 1 2 3 4 | + - + - | - + - +       | - + - + |                                  |         |   |             |  |                          |  |  |
|                     | OS    | %         | mm  | mm                | /    | mm                             | 1 2 3 4 | + - + - | - + - +       | - + - + |                                  |         |   |             |  |                          |  |  |
| <b>Photophobia</b>  |       |           |     |                   |      |                                |         |         |               |         |                                  |         |   |             |  |                          |  |  |
| <b>Fields</b>       | White | Green     | Red | Blue              | BS   | <b>FOV's Pursuits</b>          |         |         |               |         | <b>Saccades Hypo/Hypermetria</b> |         |   |             |  |                          |  |  |
| OD                  | %     | %         | %   | %                 | %    | SAFE                           | 1 2 3 4 | %       | Rt            | Lt      | 1 2 3 4                          | %       | % |             |  |                          |  |  |
| OS                  | %     | %         | %   | %                 | %    | SAFE                           | 1 2 3 4 | %       | Rt            | Lt      | 1 2 3 4                          | %       | % |             |  |                          |  |  |
|                     |       |           |     |                   |      | Jerk                           | 1 2 3 4 | %       | Fixation Loss | 1 2 3 4 | %                                | Sac Int | % |             |  |                          |  |  |
| <b>Dynamic OD</b>   |       |           |     | <b>Impression</b> |      | Visual Field Contraction       |         |         |               |         |                                  |         |   | <b>Plan</b> |  | Continue Current Filters |  |  |
| OS                  |       |           |     |                   |      | Improving W/C                  |         |         |               |         |                                  |         |   | Same W/C    |  | <b>Flap</b> Weeks        |  |  |
|                     |       |           |     |                   |      | Worse OD OS                    |         |         |               |         |                                  |         |   | Asymmetric  |  |                          |  |  |
| <b>Externals OD</b> |       | OS        |     |                   |      | Parasit / Saccadic Dysfunction |         |         |               |         |                                  |         |   | Change Tx   |  |                          |  |  |
| <b>Lid/Lash</b>     |       |           |     |                   |      | Pupillary Abnormality          |         |         |               |         |                                  |         |   |             |  |                          |  |  |
| <b>Conjunctiva</b>  |       |           |     |                   |      | Convergence Insufficiency      |         |         |               |         |                                  |         |   |             |  |                          |  |  |

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## Patient Management Treatment Issues

- What if Field not opening in beginning?
  - Check Unit and Patient procedure
  - Is child with parent – are they doing it alone?
  - Change of filters needed?
  - Illness
- What if Field opens but then plateau's even with change of filters?
- Mentors – Don't be afraid to call.

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## Patient Management Treatment Issues

### When to stop

- When field is full
- When field reaches a plateau
- When becomes too much to handle.
- What if patient is sick?

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## Patient Management Treatment Issues

### Will the field regress?

- Blind spot is key
- When full

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## Patient Management Treatment Issues



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Mentors

Fellowship

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## Measurements and Tests Influenced by Field Changes

- Refraction
- Phoria
- NPC
- Far/Near Focus
- Pursuits - Tracking
- Saccades
- DEM
- VO Star
- Streff Cap Test (Localization)
- Visual Scanning
- Incomplete Man Copy Forms
- Pupillary Reactions

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## Measurements Influenced by Field Changes Refraction Changes Pre/Post

| Pre            | Post          | Pre            | Post          |
|----------------|---------------|----------------|---------------|
| +100           | +150          | -025-025 x 180 | +050          |
| +075           | +150          | -025           | +050-25 x 180 |
| +200-250 x 170 | No Change     | -075           | -075          |
| +200-250 x 10  |               | -075           | -075          |
| -.25           | Plano         | -025           | -025          |
| Plano          | Plano         | -025           | -025          |
| Plano          | +0.50         | +025           | +050          |
| -.25-50 x 180  | +0.75         | +025           | +050          |
| P1 -.025 x 135 | +50 -50 x 100 |                |               |
| P1 -.050 x 75  | +50 -25 x 75  |                |               |

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## Measurements Influenced by Field Changes Book Retinoscopy Pre/Post

| Pre            | Post           | Pre            | Post          |
|----------------|----------------|----------------|---------------|
| +075           | +125           | +50-.025 x 180 | +075          |
| +050           | +125           | +50            | +075-25 x 180 |
| +300-250 x 170 | +275-250 x 170 | +1.25          | +1.00         |
| +300-250 x 10  | +275-250 x 10  | +1.25          | +1.00         |
| +062           | +062           | +050           | +075          |
| +075           | +062           | +050           | +075          |
| +.50           | +0.75          | +100           | +050          |
| +.75-50 x 180  | +0.75          | +100           | +050          |
| +1.50          | +1.25          |                |               |
| +1.50          | +1.25          |                |               |

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## Measurements Influenced by Field Change Phoria NPC

| Pre        | Post       | Pre  | Post |
|------------|------------|------|------|
| Ortho/3eso | 1exo/4exo  | 2/4  | 1/3  |
| 1exo/3exo  | Ortho/6exo | 3/9  | 2/6  |
| Ortho/5eso | 1exo/5exo  | 2/12 | 2/6  |
| 3exo/9exo  | 2exo/8exo  | 1/4  | 1/3  |
| 6exo/12exo | 1exo/10exo | 3/6  | 2/6  |
| 3eso/9eso  | 1eso/6eso  | 3/7  | 2/5  |

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## Measurements Influenced by Field Changes

### ■ Far/Near Focus

Improvement in all cases – all some degree of difficulty

### ■ Pursuits – Tracking

Pre - Excessive head move, misfixations, jerky

Post - Every case showed significant improvement. Most were smooth with no head.

### ■ Saccades

Pre - 90% were inaccurate

Undershoots, Head move, Fatigue prevalent

Post - Significant improvement in all cases

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## Measurements Influenced by Field Changes

### Visual Scanning

#### Visual Scan – Davis Dot Test

| Pre     | Post            | Age Equivalent Change |
|---------|-----------------|-----------------------|
| 38 Dots | 43 Dots 2 years |                       |
| 32      | 46              | 5                     |
| 33      | 35              | 1                     |
| 40      | 55              | 5                     |
| 38      | 50              | 4                     |
| 18      | 35              | 6                     |
| 34      | 42              | 2                     |
| 25      | 28              | 1                     |
| 30      | 34              | 2                     |
| 33      | 33              | no change             |
| 36      | 43              | 3                     |

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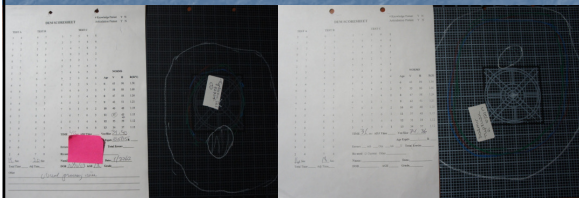
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## Measurements Influenced by Field Changes

### Other Testing DEM



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## Other Testing VO Star

## Other Testing

