

THE NOVEMBER ISSUE 1941

SYNTOGRAM

BULLETIN

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College of Syntonic Optometry
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FLASHES!

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FROM THE PRESIDENT'S OFFICE

Please take time out and read the following.

Here are quotations from a letter I received this morning:

"I have a case asking for tinted lenses to be used this winter in the South. I read the Syntonogram News and find you know something about this. I am writing you for what information you can give me - what you would suggest that I give this patient for wearing this winter - - 62 - - at present I have fitted with Tri-focals, a retired M.D., who once specialized in eyes."

Here is my reply to the above.

Dear Doctor:

Thanks for the confidence you have shown in asking for what lens material I would use for your patient." Also, for your kind remarks regarding the "President's Flashes" in the Syntonograms.

Regarding my experiment with the four different types of glass, we had a great deal of interest stirred up. Various opinions were made as to what would happen. Even a few side bets were placed upon the outcome.

I would use the glass referred to as "A". This is the Bausch and Lomb Rayban Glass. You can secure the lenses from White-Haines Optical Company, either single or bifocal lenses. I doubt if you can get them made up in Tri-focals.

If your patient is to spend his time in South Florida, doing a lot of fishing, etc., use no. 2 shade. If he is to play golf, pitch horse shoes and remain a land rubber, use no. 1 shade.

1. There are two types of glass or lenses which I use, namely; Ray-Ban, manufactured by Bausch and Lomb Optical Co., and the Calobar, manufactured by the American Optical Co. No doubt there are other lenses which can also be used with a great deal of satisfaction. The first pair I prescribed was for my mother when she was 82 years of age.

2. You may recall that about a year ago I mentioned a golf player for whom I prescribed a lens which eliminated certain wave lengths whereby his score was improved considerably. Prescribing is based upon the knowing or knowledge of what spectral hues or wave lengths to eliminate, or stated differently, to know whether we desire to decrease or increase sensory stimulation. Likewise, if we desire to decrease or increase motor stimulation.

3. The above statement is not advertising, nor is it endorsing any one or two manufacture's material over others. It is giving information regarding material which has proven satisfactory in my practice.

4. The question may be asked, "When do I prescribe the Ray-Ban in preference to the Calobar?" The answer, Determine the bio-type or the "Somatotype," plus the environment or activity in which the prescription is to be worn. - - See "SYNTONIC PRINCIPLE" by Dr. H. Riley Spitler, published by our College of Syntonic Optometry and printed by Science press printing Company.

Columbia, S. C.

So -----Long,

T. A. Elmgren. President.