# The "New" Science and Application of "Intention"

Practical Considerations for Optometry
By

Hans F. Lessmann, OD, FCOVD, FCSO International Conference on Light and Vision College of Syntonic Optometry Virtual June 2021

#### Disclaimer? Intention!

- I am fully vested in Optometry.
- I wish for success of patients, optometrists, therapists, and venders.
- At the same time, I have no contractual or direct investments in conflict with the interests of this talk.
- I am however a member of the College of Syntonic Optometry and I am preferential to them, their members, and guests.
- The entire interest of this talk is you!

# Most Important Technology

YOU

You are the master

### "Instrument of Self"

Michael Lindfield

# "The Glaucoma Patient without Glaucoma"

#### Intention defined

- An aim or plan
- The healing process of a wound
- Resolve
- Determination to act in a certain way
- The object of prayer
- Import significance!!!

# Intention & Dogs

Rupert Sheldrake

Dogs moved to the door before their owners arrive!!! (hint Deltons)

"Dogs That Know When Their Owners Are Coming Home" © 1999

### Intention and Plants

Michael Lindfield

Love and attention inspired plants over inattention

### The Science of Intention

"Any sufficiently advanced technology is indistinguishable from magic."

Arthur C. Clarke, *Technology and the Future*, Harper, 1972

# White Paper #1 "A Brief Introduction to Intention-Host Device Research"

www.tiller.org

Download for free

© 2009 William A. Tiller

## "Psychoenergetic Science: A Second Copernican-Scale Revolution"

By William A. Tiller, Ph.D., 2007

#### Hypotheses

- Underlying assumption of conventional science
- "No human qualities of consciousness, intention, emotion, mind, or spirit can significantly influence a well-designed targeted experiment in physical reality."
- To prove or disprove the above statement.

#### Experiments

- 1. Water ph
  - 1. raise and lower by 1.0
  - 2. Without any chemical solution addition or subtraction
- 2. Liver Enzyme Activity
- 3. Fruit Fly larva growth

#### Results

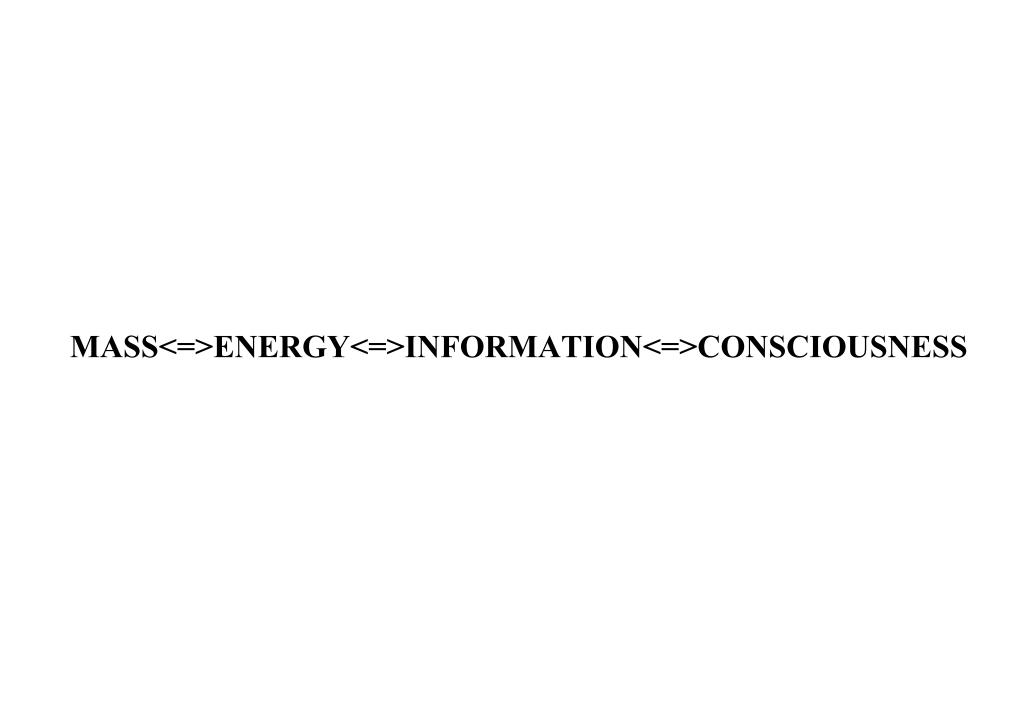
- Ph rose and fell as intended
- 2. Liver enzyme activity increased as intended
- 3. Fruit fly larva grew faster
- 4. Time period 1-2 months
- 5. Controls
  - 1. Entanglement???
  - 2. Responded without device

#### Conclusions

- Human intention influential
  - Even across large distances
  - Device is unnecessary
- Two realities
  - Physical state standard quantum physics
  - Magnetic/informational state vacuum space btwn
- Relationship
  - Uncoupled = normal physical world measurable with std. instruments
  - Coupled = human influenced reality somewhat measurable
- Modality
  - Deltrons

#### Deltons

- Mediates emotion communication, prayer, remote viewing,
- Faster than light
- Part of the consciousness



# The Intention Equation $Qm=Qd+\alpha(t)Qr$

- •Qm, Quality measured with said instrument
- •d stands for direct-spacetime
- •r stands for reciprocal-spacetime
- •α, is coupling coefficient operating between these two realities (i.e. the influence of human consciousness).
- • $0 < \alpha < 1$
- •α=0 no human factor, just normal quantum space world
- •t=time>t2 time necessary for changes to occur

#### **Implications**

- What do you think?
- What is a Copernican-Scale Revolution?
- Who was Copernicus?
- The Observer Effect!

#### Examples

- Harold Sloan and others "Attention Therapy and Reading Comprehension" April 5, 2004.
- Double Blind (i.e. no intention?)
- Results with different models, practitioners, and researchers
  - What are their intentions?
  - How do their intentions affect their results?

# Placebo Examples "Biology of Belief" by Bruce Lipton, Ph.D.

- Arthritic Knee Surgery, Moseley, et al, 2002
  - Group 1 shaved knee cartilage
  - Group 2 flushed out knee
  - Group 3 control group faked surgery
  - Result all 3 groups had same outcome!!!
- "The Emporer's New Drugs" by Irving Kirsh, Antidepressants 80% of their effect is placebo, (Kirsh, et all 2002).
  - FDA reluctant to release data require FIA to obtain
- Janis Schonfeld 1997 participant in Effexor efficacy study relieved 30 years of depression and even got the nausea side effect only to find she took the placebo but she "didn't believe it"!

#### Placebo Effect on the Rise

- Tiller, Page 169: "In 1999, Enserink wrote .... Concerning how greatly the magnitude of the placebo effect in double-blind pharmacological studies had grown in the previous 15 years. He pointed out that "when companies started testing drugs for obsessive-compulsive disorder back in the mid-1980s, the placebo response rate was almost zero".... However as time went on, the placebo response began to creep upward....that some clinical trials failed because of high placebo response rates."
- The placebo effect was more efficacious than the drug itself!!!

# Why do drug companies advertise?

Placebo effect???

#### Nocebo's

- Death by diagnosis,
  - 1974 retired shoe salesman dies two weeks after diagnosed with esophageal cancer only the autopsy showed no esophageal cancer???
- Tribal "Bone Pointing"
- "you can live a life of fear or live a life of love, your choice", page 138 Lipton
- Corona-19?

# Take Home Point 1 The Placebo Effect is Effective!!!

### Take Home Point 2

The Placebo Effect is Scientific

# Intention is One Application of the Placebo Effect

# Why not use it?

#### Healing is both Art and Science

Knowledge and Technology

Wisdom is the judicious application of knowledge

Intention brings value and purpose-the "significance"

### What is the value?

To Help Others

### How is the value mediated?

The Doctor-Patient Relationship

### Empowerment

You Are the Master!!!

#### Foundation

Your <u>relationship</u> with your patient is fundamental to healing!

# What does the patient need? "The spoken Question"

Affirmation: Do you understand my <u>Problem?</u>

•Support: Do you have a **Plan!** 

#### Opportunity Because Medicine Today:

- Mostly Processing third party control appeasement
- Long on testing
- Short on treating, except for acute conditions

#### The Unspoken Question

- Am I *WORTHY???* 
  - Import significance
  - Am I worthy of being healed?
  - Glaucoma patient without glaucoma

- Does anybody <u>Care</u>???
  - Relationships matter
  - Your <u>RELATIONSHIP</u> with your patient is fundamental to healing.

#### Words, Deeds, and Actions

- **1.** *Cultivate* your beliefs! OK to change
- **2.** <u>Trust</u> your beliefs! Even if incomplete
- 3. <u>Verbalize</u> your beliefs! As best you can
- **4.** Act Upon your beliefs! with confidence

#### Optometric Therapy

- •Lenses
- Contacts
- •Therapeutics
- Vision therapy
- Syntonics
- Low vision

#### Simple Actions

- Have a <u>handout</u> explaining benefits and steps to <u>SIGN!!!</u>
- Give them a log to record their sessions and experience.
- <u>Demo</u>, when possible a treatment experience so they can feel it.
  - Syntonic session
  - Muscle testing
  - Trial frame
- Have them <u>Pay</u> for the plan of treatment
  - Not Doctor/Clinic value!!!
  - Value to the patient (am I worth the investment?)
  - Is the patient willing to invest in him or her self? some may say no
  - Must accept the decline

### Specific Applications for Syntonics

- 1. <u>Verbalize</u> expected outcomes.
- 2. <u>Label</u> the steps (goggles), purpose, & process.
  - 1. Mu Delta "coffee for the eyes"
  - 2. Pi Omega "balance"
  - 3. Omega N "squelch anxiety"
- 3. "Hold hands" through the rough parts.
- 4. Have *FUN* "*laughter* is the best medicine"

# Why was the cell phone in a hurry to see his optometrist?

### Thank You!!!