

THE FORUM

Again, the FORUM is written for the benefit of the many young optometrists who have taken the Basic in recent months.

Here is a question from the Midwest and answered very completely by Dr. Spitler. This should not only be read by every syntonist, but memorized and digested completely. Failure to understand these principles have been contributing factors which has retarded the progress of Syntonic Optometry.

QUESTION: If syntonics can do so many wonderful things for the individual, then by the same token why can it not produce a harmful effect in some instances?

The answer by Dr. Spitler –

First. It must be pointed out that at no time have therapeutic claims been made for the Syntonic approach to ocular function problems, nor will they ever be.

Second. The techniques and methods operate solely within physiological limits. Thus in only those instances where functional departures from the normal are still within physiological limits can the application of the Syntonic Principle be expected favorably to affect them. This is true also, of all other orthoptic training methods.

Third. It is absolutely impossible by the means Syntonists employ to force functional response beyond the limits of those physiological controls which are normally constantly operative. In other words, it is utterly impossible to produce a pathological response. So, also, it is impossible to eradicate a pathological state outside physiological limits.

Fourth. I am eternally weary of hearing about and answering questions about pathosis, because there is no inherent value in the application of the Syntonic principle for such states.

Fifth. When the mention is made of, and demonstrations made, which show physiological responses in the supportive functions, it has always been pointed out that there cannot be and never will be a single specific response, because all such responses have wide distribution and are inherent in the nervous system, hence they take place in the manner that the nervous system in its physiological state dictates at that time. Such physiological responses in supportive functions cannot be prevented, neither can they be made to be specific. Since all function is under dual control, in the eyes and in the supportive functions, and since such dual controls are inherent in the nervous system it follows that there can only be "over function" or "under function" within physiological limits. When the inherent controls no longer mutually inter-operate physiologically, then pathosis supervenes, and such states are the province of the physician, not the syntonist. Should such a state be present it will soon be found that since the control mechanisms are beyond physiological status, the application of the syntonic principle

will be of no avail and, obviously such a patient should then be referred to practitioners of the healing arts.

(H. Riley Spitler, Dean)

There you have the answer proving that you cannot create pathosis or do anything about it with the application of selected light frequencies. However, in your basic notes you will find ample instructions to guide you in the efficient practice of Syntonic Optometry. Even the wrong Syntonic Rx can only create vertigo or a headache. Just recently a patient entered a hospital for an eye operation and came out minus one leg. Only a slight error.

The Secretary offers this contribution. The embryonic syntonist will be asked -- what is this? what happens or is supposed to happen to me. I just see a colored light. Many can be brushed off by saying that you are producing a stimulative or an inhibitive effect for your particular visual problem. But along comes the smart cookie who wants more information. You can say the instrument we are using is called a Syntonizer. It is constructed very ingeniously permitting the use of single or combination of selected light frequencies. By its use all light frequencies within the visible range of the spectrum can be absorbed and the resulting impulses transmitted to the brain through two photoreceptors which we call our eyes. The thalamus, located in mid-brain, controls directly or indirectly most all bodily activity! The eye is the most direct route for a stimulus to reach the thalamus and the brain. This usually is sufficient. If not, you can go on with additional basic material.

Here is an experience which proves that Syntonic Optometry can be fun. Not too long ago a lady from a neighboring town came in and said "I walk like an intoxicated person and I do not touch alcohol, what can you do for me". The history revealed ample evidence for emotional disturbance. The husband was in the foreign service. She had intercepted a letter addressed to her "best friend". She retained the secret and attempted to carry on as usual. She had consulted many medical and E.E.N. & T men without results. A routine visual analysis proved to be negative. I assured her that I understood her problem and could help her. I gave N/L 3, Mu-Delta 7, N7, Delta N7. The next day she said "look at me I can walk all right. I gave two additional applications. then she said "I am absolutely OK., why is it that the public does not know what you can do? I wonder. Rx for Lin Moore's case – NL4 Mu Upsilon 10 Upsilon Omega N 15.

THE FORUM editor