November Two (September 1980)

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#### **CASE HISTORIES**

# by Dr. L. H. Beecraft

# Case No. 1

Female, age forty. Complaint of blurring for past month in right eye. No pain. Visual acuity, right eye; could only make out the outline of the wall chart. Field revealed large scotoma in central area.

General health negative.

Patient referred same day (12/26/79) and confirmed diagnosis of Histoplasmosis. No medication prescribed by Ophthalmologist and patient returned for therapy on 12/28/79.

After twelve sessions of therapy the visual acuity was 20/80 and subsequent visits show no dimunition of visual acuity although there has been no further improvement. The frequency used is the one given in the basic which causes a drying effect and with which all are familiar.

It is important in these cases to see the patient on a daily basis and two sessions can be used.

#### Case No. 2

Male patient, age fifty years. Complaint of blurred vision for two days in right eye. Visual acuity 3/4/80 right eye 20/40.

Fields showed scotoma in central area. Funduscopic showed very fuzzy disk and grey area in macula. Both right and left disks were enlarged.

Patient is under several kinds of medication for cardiac problem.

Patient underwent lase treatment within two days for Histoplasmosis and therapy started 3/8/80. Patient reported that all straight lines

curved and that the vision in the right eye interfered with the left.

After seven sessions of therapy he returned to ophthalmologist who reported that the edema in the macular area was "drying up". he made no mention of the visual acuity improving as could have been ascertained had it been considered.

Patient now reports that lines are much straighter in the right eye indicating that the retinal fibers are still functioning and that the retinal fibers are still functioning and that the edema is subsiding. This patient is still under therapy and will continue until all evidence of edema is gone. The visual acuity oddly enough has never been less than 20/40 and most of the time is 20/25 and on some days is 20/20.

Histoplasmosis is epidemic in some regions and almost nonexistent in others. This region is Histoprone. The carrier is said to be from bird droppings and is of a fungus nature. The scotoma created is negative therefore the patient is not always aware of the extend of the damage.