

## SYNTONICS IN PREVIOUSLY DIAGNOSED RETINAL SCAR TISSUE \*

By Seilig Kousnetz, O.D.

Case report on monocular loss of vision in left eye, diagnosed by local medical Eye Specialist Scar Tissue due to hemorrhaging in H.B.P. patient was referred to me by Dr. J. M. M. of Riverside, California, because the patient resides in South Chicago.

Mrs. S.N. Age 70, Biotype A/S, is at present in good health, cheerful disposition and unusually good sense of humor, states history preceding the accidental discovery of the loss of vision in left eye:

About four years ago, shortly after the loss of her husband, while visiting her in-laws, she covered each eye in turn with her hand for comparison, looking across the room and was shocked to find her brother-in-law's face seemed distorted – oblong and blurred.

She has always enjoyed 20/20 vision and has habitually had her eyes examined about every two years and was not due for re-examination. She promptly visited her Optometrist who looked into her eyes and sent her to a medical specialist, who also looked into her eyes and told her the condition was due to a kidney disturbance of diabetes, but offered no remedy and she was not at all pleased with his examination. She thought the doctor was not thorough enough with her precious eyes.

She then consulted another eye specialist who diagnosed the disturbance as due to scar tissue formed on the retina because of hemorrhaging due to high blood pressure and prescribed for the blood pressure but did nothing about the loss of vision.

Dr. D. J. M. examined her eyes and gave her some encouragement, and told her we might be able to bring back some of the lost vision and recommended that she consult me when she returned to Chicago. Dr. D. J. M. sent me the patient's new Rx – dated 8/23/60 and the patient's first visit to my office was on 10/6/60 and my findings are: Mrs. S. N. 10/6/60 N.V. Right Eye 20/60, left Eye 20/400. Only shadow when looking directly at the large E, but by turning head to the right could see the corner of the upper part of the large 20/400 E.

V.A. old Rx – Right 20/30. Left only shadow when looking directly at the 20/400 E, and by turning head to the right the same as N.V.

V.A. with Dr. D.J.M. Rx – Right 20/20. Left 20/400 the same as the old Rx, as per suggestion in letter I checked the Rx and my findings were exactly the same as Dr. D.M. of 8/23/60. Right +1.75 V.A. 20/20. Left +1.75 +75 x 75 V.A. the same as N. V. and previously stated.

Date of first Syntonic visit 10/13/60. Second 10/20/60. Third 20/27/60. And the fourth visit was on 11/29/60, as patient had to leave the city, Mrs. S. N.'s frequent visits out of the city and has varied activities while in town, interfered with the visits to my office, and we decided to try it on twice weekly basis with slightly better results.

Total visits to 5/31/61 were 21 and total visits to date is 26 visits. We experimented with various filters starting with mu upsilon and alpha omega and continued alpha plus delta mostly flashing, also alpha plus theta flashing. We are continuing twice weekly; each visit is begun in the examination chair with taking the N.V. of left eye, occluding right, followed by taking the V.A. with the Rx keeping the right eye occluded all the time while testing the left. On the third visit we nascentized local 3 min and alpha plus delta 2 min steady 8 min f. f. and 2 min steady. The shadow disappeared when looking direct

at the 20/400 E and almost the entire top of the E became visible. From then on, the shadow never returned, and the complete E would come and go intermittently until it became stable and visible N.V. and V.A. with Rx. Then in turn the patient, would report seeing part of 20/100 B first intermittent then part of the H later both complete come and go, flashing on and off intermittently.

By the time the 20/80 line became visible intermittently the 20/100 H. and B. became almost stabilized, the 20/70 line first come in flashing individual letters one, then two, and three at one flash but still intermittent on and off.

For sometime now the 20/60 letters have been coming in regularly. We have now recorded as seeing the entire 20/50 line and after the last two syntonizations three letters in the 20/40 line became visible.

Mrs. S. N. is more interested now to continue since we are having some slight improvement and sincerely hope we may be able to accomplish just that before we conclude this case. Complete recovery of left eye vision is being sought.

Syntonics Rx – 10/13/60 N/L 3 min mu-u 8 min & mu plus delta 8 minutes

10/20/N/L local 3 min alpha plus delta F.F. 10 min.

From 11/29/60 to this date we have been nascentizing local 3 min. and alpha delta steady 3 min. F.F. 10 min. and steady 2 minutes.

Seilig B. Kousnetz, O.D.  
116 South Michigan  
Chicago, Illinois

\* Paper presented at College of Syntonics Assembly, June 1961.