

# COLORADO VISION TRAINING CONFERENCE (CVTC)

September 22-24, 2023 YMCA OF THE ROCKIES



Under the auspices of the Optometric Extension Program Foundation Inc.

SPEAKER: Phil Bugaiski, OD, FCOVD, FCSO



Dr. Bugaiski was born in New York and first developed an interest in optometry because of childhood vision challenges requiring vision therapy. After graduating from Penn State with honors, he was awarded one of six national scholarships for optometry from the US Air Force. He attended State University of New York College of Optometry, attaining his Doctorate. After graduation, he was commissioned as an Air Force Captain and served at Pope AFB, NC, and Lakenheath RAF, England.

With an honorable discharge, Dr. Bugaiski settled in Charlotte. He worked as Chief of Pediatrics and Vision Therapy for a multi-doctor practice until he founded The Developmental Vision Center, specializing in Vision Development, Vision Therapy, Pediatric Optometry, and Vision Rehabilitation. Dr. Bugaiski has served on the Academic Services, Membership, and Practice Management Committees of The College of Optometrists in Vision Development, and the International Examination and Certification Board, and now serves on COVD's Board of Directors.

Featured Exhibitor



Dr. Bugaiski is also a Fellow of the College of Syntonic Optometry, has been an officer of the College's Board of Directors, and continues to serve as a member the CSO's teaching faculty. He is a sought-after guest speaker for various groups on a local, national, and international level.

Outside the clinic, Dr. Bugaiski volunteers with his church's music and homeless ministries, sings with the Charlotte Master Chorale, participates in VOSH missions to Mexico, and treasures spending time with his wife and their two sons.

#### **CONFERENCE TOPIC**

What do light, lenses, prisms, breathing, and spelling have in common? In this interactive series of lectures, we will illuminate the connection between these disparate topics as we discuss and participate in workshops related to optometric phototherapy and vision therapy. Designed for optometrists and optometric vision therapists, the majority of our time will be spent with syntonics, covering why it works, how various syntonic wavelengths are selected, and what impact it has on vision therapy on patients' visual functions. Workshops will cover kinesiology, pupillary, and functional visual field evaluations from the perspective of a syntonies practitioner. "Peripheral" topics and workshops include the use of lenses and prisms in the vision therapy clinic beyond accommodation and vergence. The

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2515 Tunnel Road Patty Hyde Barclay Cabin Estes Park, CO 80511 970-586-3344

#### **CONFERENCE DETAILS**

importance of breath, including a workshop that may be led by a special guest (and professional opera singer and voice teacher, pending cooperation from 2 small children), will be presented with a physiological perspective. And a sequence of vision therapy activities that can help children trick their eyes into helping them write their ideas neatly and with good spelling will be presented and experienced via workshops.

## **Seminar topics:**

Presented in a combination of lectures and workshops, topics will include:

- Syntonic Phototherapy theory and practical applications, with workshops on applied
- kinesiology, alpha-omega pupils, and campimetric visual fields
- Lenses and Prisms going beyond accommodation and vergence to visual-spatial awareness, with workshops including VT activities
- Breathing as a key starting point for all VT activities, with workshop
- A sequence of optometric vision therapy activities leading to improved ease with written expression

#### **Conference Contact**

Dr. Jennifer Redmond Jennifer@highlinevisioncenter.com

**Registration Link** 

https://cvtc2023.eventbrite.com

#### **Seminar Location**

#### YMCA of the Rockies

### **Recommended Airport**

2515 Tunnel Road

(970) 586-3344

Denver, CO (DEN) Pattie Hyde Barclay Cabin Estes Park, CO 80511

Lodging

- 1. Patty Hyde Barclay Lodge (rustic accommodations). This is the same location as the education. Rooms are booked through the conference registration site and limited rooms are available.
- 2. Additional YMCA lodging is available. Please make these reservations directly through the YMCA by calling 1-888-613-9622. This is an individual reservation not associated with the conference. Register for conference attendance and food only.
- 3. Lodging in the town of Estes Park. https://www.visitestespark.com/lodging/

#### **Seminar Dates**

Friday, Sept. 22th

5 - 6 pm Dinner on site

6 - 8 pm Lecture and Exhibitor

8-9 pm Reception

Saturday, Sept. 23th

7 - 8 am Breakfast on site 8 - 12 pm Lecture and Exhibitor

12 - 1 pm Lunch on site

1 - 5 pmLecture

5:30 –6:30 pm Dinner on site

Sunday, Sept. 24th

7-8 am Breakfast on site

8 -10 am Lecture, Exhibitor, Checkout



